

## **Jigsaw youngballymun introduces SASSY: Substance Abuse Service Specific to Youth**

Jigsaw *youngballymun* is committed to making youth mental health supports and services more flexible and accessible. The Jigsaw in the Reco initiative involves counselling and mental health services offering therapeutic sessions to young people in the youth friendly space of The Reco. Our partners in this initiative are:

- Claidhe Mor Family Centre
- Mater CAMHS
- Primary Care Psychology HSE
- Substance Abuse Service Specific to Youth
- Teen Between
- The Samaritans

We are delighted to welcome **SASSY: Substance Abuse Service Specific to Youth** to Jigsaw in the Reco. The SASSY team is led by **Dr. Gerry McCarney, Consultant Child & Adolescent Psychiatrist** and **Mary Bartley, Psychotherapist** now works out of the The Reco one morning a week. SASSY provides support to young people under 18 for whom regular drug and/or alcohol use is having a significant negative impact on their day to day life. Young people can be self referred, or their parents can make an appointment. SASSY also accept referrals from professionals such as teachers, youth workers, G.Ps etc. To make a referral complete the Referral Form (available from JSYB or by phoning SASSY on 01 8772300) and Fax it to 01 8772357 (SASSY Mountjoy Sq). Young people from Ballymun, if suitable for their service, will be offered a choice of being seen in The Reco or in the main SASSY office in Mountjoy Square. Jigsaw *youngballymun* are delighted to welcome SASSY to the Jigsaw in The Reco initiative as this means that the young people of Ballymun can now access this much needed, specialist service in their local community.